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DECEMBER 2023 SPECIALIST CATALOGUE

**ACADEMIC &
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ALLIED HEALTH



EDUCATION



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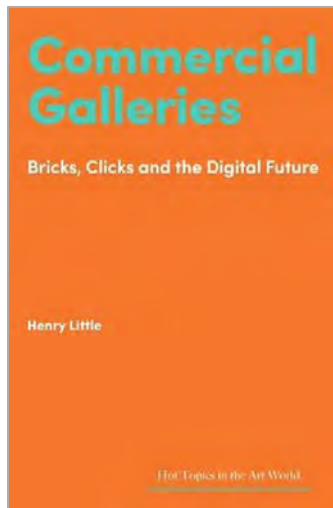


Woodslane

**ACADEMIC &
PROFESSIONAL
TITLES
DECEMBER 2023**



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Commercial Galleries

Bricks, Clicks, and the Digital Future

By *Henry Little*



Written by a former gallerist with an insider's perspective, this book provides a timely overview of the commercial-gallery sector at a moment of rapid change and expansion within a booming market.

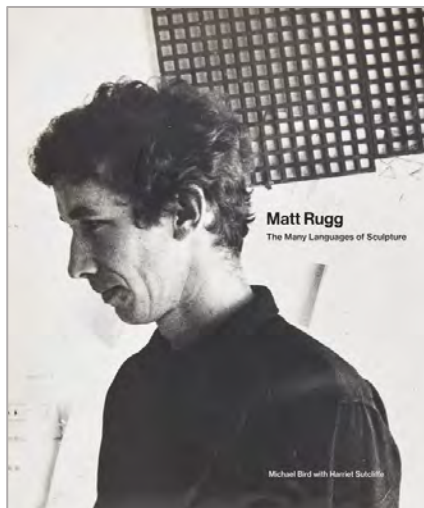
LUND HUMPHRIES PUBLISHERS LTD

Category: ARTS GENERAL
Disc: TRADE INTERNATIONAL
200 X 130 mm
Release Date: December 2023

9781848226371

Hardback
104 pages

AUD\$: 55.99



Matt Rugg

The Many Languages of Sculpture

By *Michael Bird, Harriet Sutcliffe*



Examining for the first time the life and work of the sculptor Matt Rugg (1935-2020), Michael Bird's impeccably researched text vividly charts Rugg's parallel careers as artist and teacher in the context of developments in creative pedagogy in Britain.

LUND HUMPHRIES PUBLISHERS LTD

Category: HISTORY OF ART/STYLE
Disc: TRADE INTERNATIONAL
260 X 220 mm
Release Date: December 2023

9781848226623

Hardback
144 pages

COLOUR SECTION(S)
AUD\$: 111.00



Hughie O'Donoghue

By *Jo Baring*



Hughie O'Donoghue (b. 1953) explores themes of universal human experience, ideas of truth and the relationship between memory and identity. Often standing apart from his contemporaries in the scale and ambition of his paintings.

LUND HUMPHRIES PUBLISHERS LTD

Category: HISTORY OF ART/STYLE
Disc: TRADE INTERNATIONAL
270 X 249 mm
Release Date: December 2023
9781848226265

Hardback
192 pages
COLOUR SECTION(S)
AUD\$: 111.00



Keith Grant

By *Judith LeGrove*

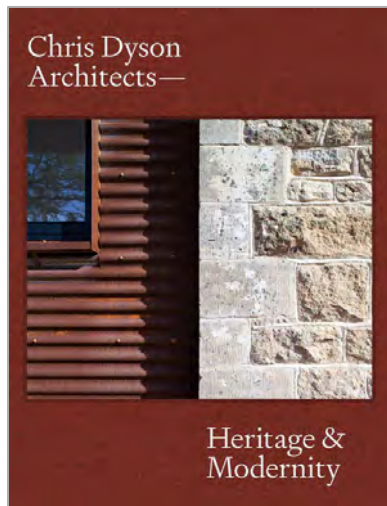


Much more than images, Grant's remarkable artistic contribution not only provides paintings that capture the world's beauty, but also extend our understanding of the environment, climate & the importance of nature.

LUND HUMPHRIES PUBLISHERS LTD

Category: HISTORY OF ART/STYLE
Disc: TRADE INTERNATIONAL
270 X 249 mm
Release Date: December 2023
9781848226272

Hardback
224 pages
COLOUR SECTION(S)
AUD\$: 125.00



Chris Dyson Architects
Heritage and Modernity

By *Dominic Bradbury, Owen Hopkins*

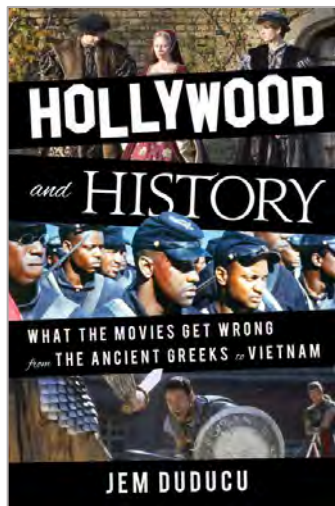


"We build "new into old": since Chris Dyson set up his own practice in 2004, he has gained a reputation as one of the foremost historic conservation architects, poetically adapting listed buildings for the 21st century.

LUND HUMPHRIES PUBLISHERS LTD

Category: ARCHITECTURE
Disc: TRADE INTERNATIONAL
260 X 210 mm
Release Date: December 2023
9781848225862

Hardback
176 pages
COLOUR SECTION(S)
AUD\$: 125.00



Hollywood and History
What the Movies Get Wrong from the Ancient Greeks to Vietnam

By *Jem Duducu*



A fun but informative look at Hollywood's more-than-a century long love affair with historical figures, events, and places. This book delves into what really happened in history, as opposed to the Hollywood interpretation of events.

ROWMAN & LITTLEFIELD PUBLISHERS

Category: FILM, TV & RADIO
Disc: ACAD & PROFESSIONAL
229 X 152 mm
Release Date: **September 2023**
9781538177068

Hardback
264 pages
AUD\$: 67.99



The Art of Classic Sci-Fi Movies
An Illustrated History

By *Adam Newell, Kim Newman*

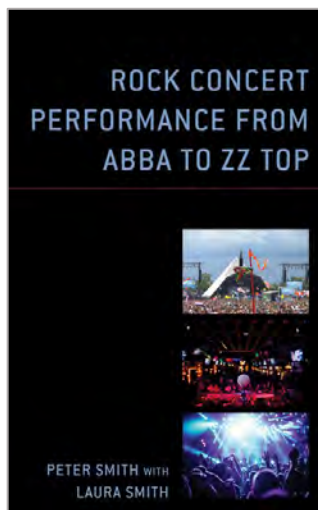


Acknowledging the iconic, but with plenty of room for the rare and unfamiliar, *The Art of Classic Sci-Fi Movies* presents a stellar selection of imagery, charting the story of the genre from its origins in foundational works like *Voyage to the Moon* and *Metropolis*, through Cold War classics.

ROWMAN & LITTLEFIELD PUBLISHERS

Category: FILM, TV & RADIO
Disc: TRADE INTERNATIONAL
279 X 254 mm
Release Date: December 2023
9781493071036

Hardback
320 pages
COLOUR SECTION(S)
AUD\$: 79.99



Rock Concert Performance from ABBA to ZZ Top

By *Peter Smith, Laura Smith*

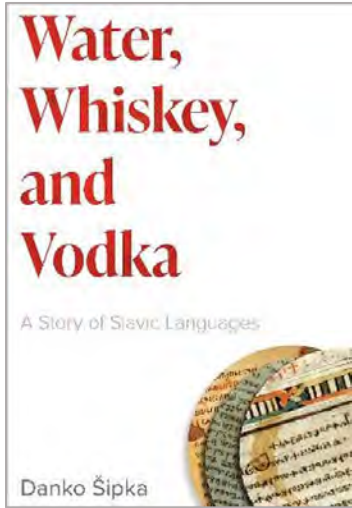


This book presents an analysis of 100 rock concert performances and answers the question "What makes a truly great rock performance?" Peter Smith delves into his own recollections of experiencing rock performances and covers themes of icons, persona, energy, fandom, and maturity.

ROWMAN & LITTLEFIELD PUBLISHERS

Category: MUSIC
Disc: ACAD & PROFESSIONAL
229 X 152 mm
Release Date: **September 2023**
9781793618580

Paperback
228 pages
B&W THROUGHOUT
AUD\$: 70.99



Water, Whiskey, and Vodka
A Story of Slavic Languages

By **Danko Šipka**



A fascinating cultural and linguistic history of the Slavic languages, exploring the deep connections and distinctions between them. Water, whiskey, and vodka are three words that seem to have nothing in common, but each of them comes from the same root.

GEORGETOWN UNIVERSITY PRESS

Category: LANG TEACH/LEARN
Disc: ACAD & PROFESSIONAL
229 X 152 mm
Release Date: **November 2023**
9781647123741

Paperback
216 pages
B&W THROUGHOUT
AUD\$: 69.99



Decentring the Museum
Contemporary Art Institutions and Colonial Legacies

By **Nina Moentmann**

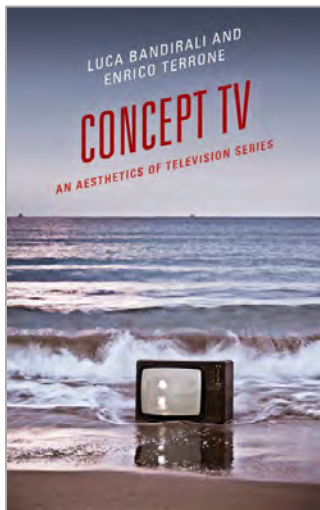


Nina Moentmann's timely book extends the decolonisation debate to the institutions of contemporary art. In a thoughtfully articulated text, illustrated with pertinent examples of best practice, she argues that to play a crucial role within increasingly diverse societies museums and galleries of contemporary art.

LUND HUMPHRIES PUBLISHERS LTD

Category: MUSEUMS & MUSEOLOGY
Disc: TRADE INTERNATIONAL
200 X 130 mm
Release Date: December 2023
9781848225503

Hardback
144 pages
B&W THROUGHOUT
AUD\$: 82.99



Concept TV
An Aesthetics of Television Series

By **Luca Bandirali, Enrico Terrone**

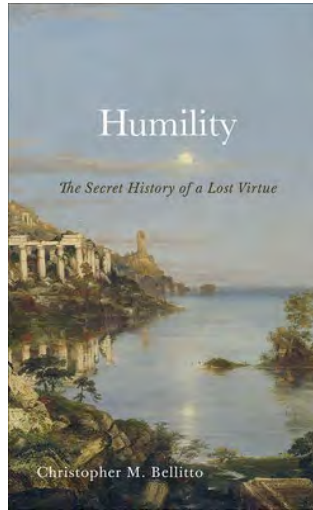


In *Concept TV: An Aesthetics of Television Series*, they contend that television series are concepts that manifest themselves through episodes and seasons, just as works of conceptual art can manifest themselves through installations or performances.

ROWMAN & LITTLEFIELD PUBLISHERS

Category: PHILOSOPHY
Disc: ACAD & PROFESSIONAL
229 X 152 mm
Release Date: **August 2023**
9781498597586

Paperback
144 pages
B&W THROUGHOUT
AUD\$: 70.99



Humility
The Secret History of a Lost Virtue

By **Christopher M. Bellitto**



This cultural history of humility reveals this lost virtue as a secret defence against arrogance and incivility. History demonstrates that when the virtue of humility is cast aside, excessive individualism follows.

GEORGETOWN UNIVERSITY PRESS

Category: PHILOSOPHY
Disc: ACAD & PROFESSIONAL
203 X 127 mm
Release Date: December 2023
9781647123765

Hardback
192 pages
AUD\$: 49.99



The Rise of Digital Sex Work

By Kurt Fowler

The internet has revolutionized sex work perhaps more than any other profession. Today's sex workers go online to attract clients, shape personas, share information, screen potential clients, and build community. *The Rise of Digital Sex Work* is an intimate look into the changing face of the industry, telling the stories of workers themselves and revealing how they use the internet to share information, grow their businesses, and establish global communities. Kurt Fowler takes us inside the lives of sex workers who provide a variety of services: web-camming, dominatrix work, burlesque, and escorting. He provides insight into how race, class, and privilege affect their work and the role the internet has played in their professional journeys.

**NEW YORK UNIVERSITY
PRESS**

SOCIETY CULTURE

Disc: ACAD & PROFESSIONAL

Paperback

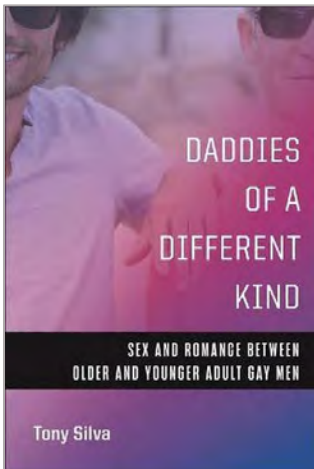
229 X 152 mm

288 Pages

Rel Date: **November 2023**

9781479824205

AUD\$: 63.99



Daddies of a Different Kind

Sex and Romance Between Older and Younger Adult Gay Men

By Tony Silva

Over the past several years the term "daddy" has increased in popularity. Although the term has existed for centuries, its meaning has changed over time, and today can refer to desirable older men. In the Western world, same-sex male couples are far more likely to have large age gaps than other types of partnerships, and *Daddies of a Different Kind* analyses the stories of gay and bisexual daddies and asks why younger men are interested in older men for sex and relationships. Based on interviews with self-described daddies and young adult men in relationships with older men, Tony Silva uncovers why it is more common for gay and bisexual men to have large age gaps in relationships than heterosexuals or LGBTQ women.

**NEW YORK UNIVERSITY
PRESS**

SOCIETY CULTURE

Disc: ACAD & PROFESSIONAL

Paperback

229 X 152 mm

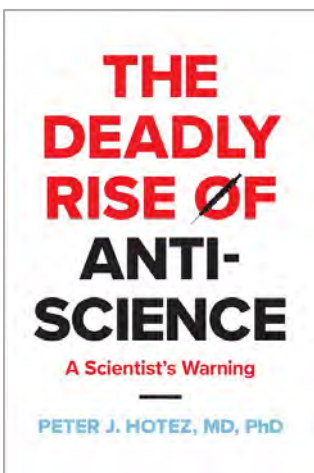
248 Pages

B&W THROUGHOUT

Rel Date: **September 2023**

9781479817030

AUD\$: 68.99



The Deadly Rise of Anti-science

A Scientist's Warning

By Peter J. Hotez

Dr. Peter Hotez discusses how an antivaccine movement became a dangerous political campaign promoted by elected officials and amplified by news media, causing thousands of American deaths. During the height of the COVID-19 pandemic, one renowned scientist, in his famous bowtie, appeared daily on major news networks such as MSNBC, NPR, the BBC, and others. Dr. Peter J. Hotez often went without sleep, working around the clock to develop a nonprofit COVID-19 vaccine and to keep the public informed. During that time, he was one of the most trusted voices on the pandemic and was even nominated for a Nobel Prize for his selfless work. He also became one of the main targets of anti-science rhetoric that gained traction through conservative news media.

**JOHNS HOPKINS
UNIVERSITY PRESS**

MEDICINE: GEN ISSUES

Disc: ACAD & PROFESSIONAL

Hardback

229 X 152 mm

240 Pages

B&W THROUGHOUT

Rel Date: **December 2023**

9781421447223

AUD\$: 56.99



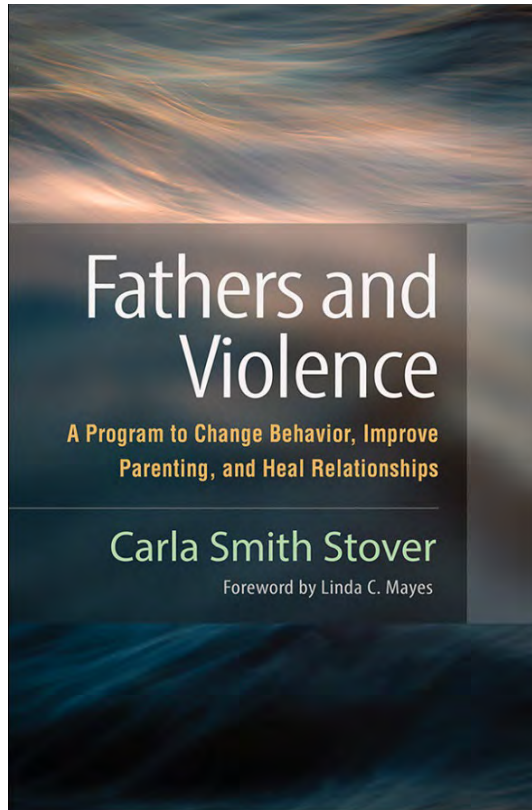


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ALLIED HEALTH TITLES DECEMBER 2023



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Fathers and Violence

A Program to Change Behavior, Improve Parenting, and Heal Relationships

By Carla Smith Stover

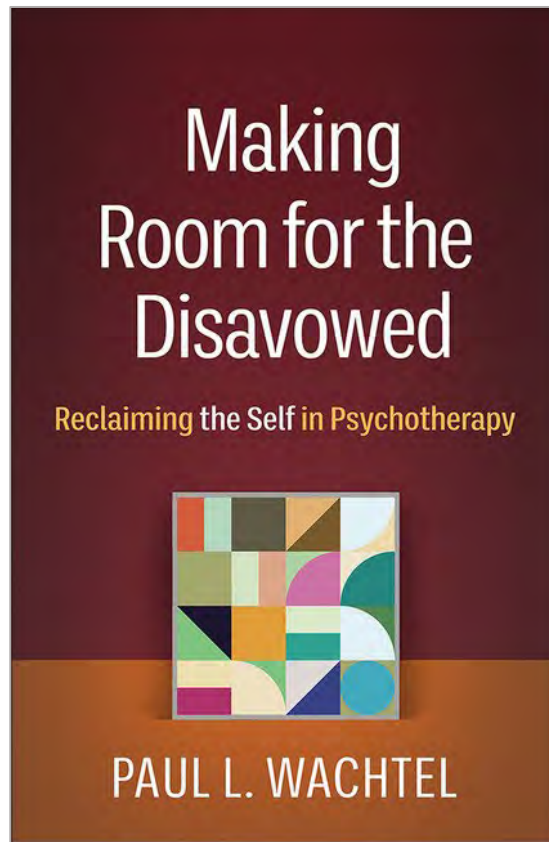
This highly accessible book presents a new approach to treating men who use violence against their partners and/or children. The Fathers for Change (F4C) program has a unique focus on fostering fathers' accountability and reflective functioning and repairing father-child relationships.

Grounded in theory and research, it addresses a key need for parents who want to stay together or coparent successfully in the aftermath of violence, while prioritizing all family members' safety. Clinicians learn how to implement each component of F4C, from assessment to individual-focused work to coparent and family sessions, if appropriate.

Illustrative case vignettes are featured throughout. An appendix provides 32 reproducible forms, worksheets, and handouts that can be downloaded (many in a fillable format) and printed as needed.

GUILFORD PUBLICATIONS
Category: CLINICAL PSYCHOLOGY
Disc: ACAD & PROFESSIONAL
229 X 152 mm
Release Date: December 2023
9781462552986

Paperback
252 pages
NOT ILLUSTRATED
AUD\$: 88.99



Making Room for the Disavowed

Reclaiming the Self in Psychotherapy

By Paul L. Wachtel

From a leading voice in integrative psychotherapy, this unique work offers a fresh perspective on the causes of emotional suffering—and the therapist's role in healing.

Paul L. Wachtel explores how early attachment experiences can limit our adaptive resources by leading us to recognize and express only certain thoughts, feelings, and ways of interacting, while casting aside or avoiding others.

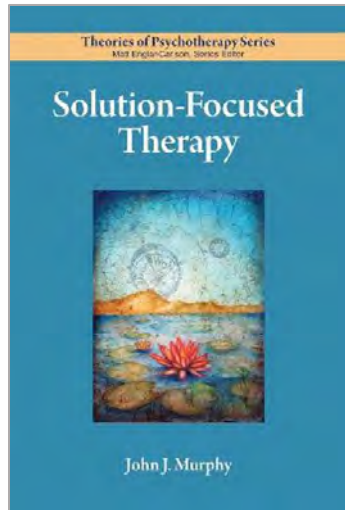
He describes powerful strategies for working with clients to make room for aspects of the self that were sidetracked during development.

Illustrated with rich clinical examples, the book weaves together cutting-edge theory and research from psychodynamic, cognitive-behavioral, acceptance-based, and other therapeutic traditions.

GUILFORD PUBLICATIONS
Category: CLINICAL PSYCHOLOGY
Disc: ACAD & PROFESSIONAL
229 X 152 mm
Release Date: December 2023
9781462553174

Paperback
336 pages
NOT ILLUSTRATED
AUD\$: 112.00





Solution-Focused Therapy

By John Murphy

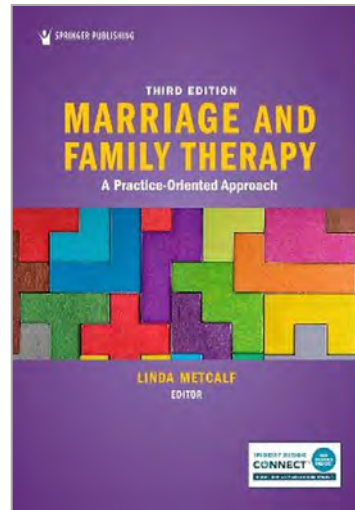


This book captures solution-focused therapy's essence, distinguishing it from problem-focused approaches that have dominated psychotherapy. It is well suited to the time constraints, third-party requirements, and other practical realities facing today's therapists and clients.

AMERICAN PSYCHOLOGICAL ASSOCIATION

Category: CLINICAL PSYCHOLOGY
Disc: ACAD & PROFESSIONAL
229 X 152 mm
Release Date: December 2023
9781433837678

Paperback
165 pages
AUD\$: 88.99



Marriage and Family Therapy 3/e A Practice-Oriented Approach

By Linda Metcalf

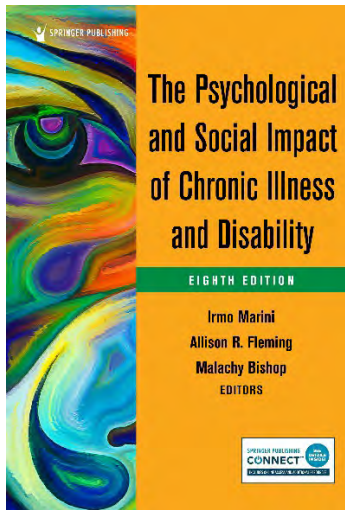


Delivering proven therapeutic strategies that can be immediately used by students of marital and family therapy, this text brings 15 modern and postmodern therapy models to life through guiding templates and interviews with master therapists.

SPRINGER PUBLISHING COMPANY

Category: NURSING & ANCILLARY
Disc: ACAD & PROFESSIONAL
254 X 178 mm
Release Date: December 2023
9780826145376

Paperback
600 pages
B&W THROUGHOUT
AUD\$: 213.00



The Psychological and Social Impact of Chronic Illness and Disability 8/e

By Irmo Marini, Allison R. Fleming



The new edition is almost completely rewritten and expanded by expert voices in disability and rehabilitation policy, research, and lived experience. It presents many new chapters covering topic such as disability identity and implications of social media.

SPRINGER PUBLISHING COMPANY

Category: SOCIETY CULTURE
Disc: ACAD & PROFESSIONAL
254 X 178 mm
Release Date: August 2023
9780826151124

Paperback
536 pages
B&W THROUGHOUT
AUD\$: 213.00



The Complete Researcher A Practical Guide for Graduate Students and Early Career Professionals

By Joshua N. Hook, Don E. Davis

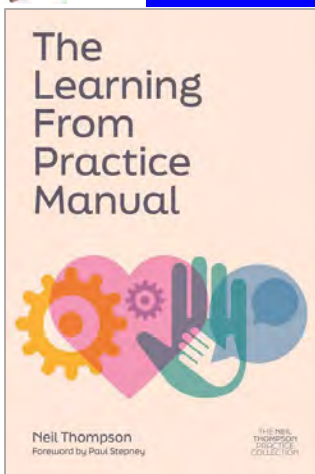


This book is designed to help psychology grad students and early career professionals develop skills to effectively work through the research process. Each chapter aims to help students and professionals along their journey.

AMERICAN PSYCHOLOGICAL ASSOCIATION

Category: PSYCHOLOGY
Disc: ACAD & PROFESSIONAL
229 X 152 mm
Release Date: December 2023
9781433839054

Paperback
257 pages
AUD\$: 88.99



The Learning From Practice Manual

By Neil Thompson

Neil Thompson sets out what you really need to know about supporting further learning during placement and practice. Stripping away the confusion and anxiety about what next? this manual goes back to the core theories of how learning works in the first place, and how you can synchronise that with values and reflective practice to help your students and colleagues reach their professional goals. Summaries illustrate and reinforce the guidance, creating a set of easy-to-follow strategies for effective workplace development mentoring. Accessible explanations guide you through the theory and practice, covering everything from fostering a learning environment to troubleshooting difficulties and encouraging a culture of self-directed learning. Grow your mentoring skills and help your colleagues get to grips with not just what to learn, but how to learn it and make it stick.

JESSICA KINGSLEY

PUBLISHERS

SOCIAL WELFARE

Disc: TRADE INTERNATIONAL

Paperback

229 X 152 mm

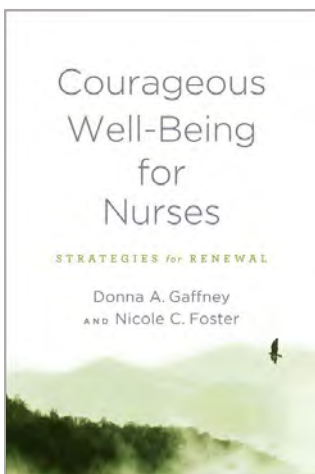
256 Pages

B&W THROUGHOUT

Rel Date: December 2023

9781839978050

AUD\$: 56.99



Courageous Well-Being for Nurses

Strategies for Renewal

By Donna A. Gaffney, Nicole C. Foster

Provides nurses with the tools, practices, and strategies to enhance their well-being and protect against burnout. Exhausting schedules and a tumultuous work environment have left many nurses feeling burned out. The COVID-19 pandemic only compounded problems that have been plaguing nurses for decades. How can you take care of others when you don't have the time or energy to take care of yourself? In *Courageous Well-Being for Nurses*, psychotherapist Donna Gaffney and wellness coach Nicole Foster provide essential strategies and resources. Learn about the research underpinning the science of well-being and discover practices that can reduce stress, rejuvenate your capacity for caring, and improve the quality of your own life.

JOHNS HOPKINS

UNIVERSITY PRESS

FAMILY & HEALTH

Disc: ACAD & PROFESSIONAL

Paperback

229 X 152 mm

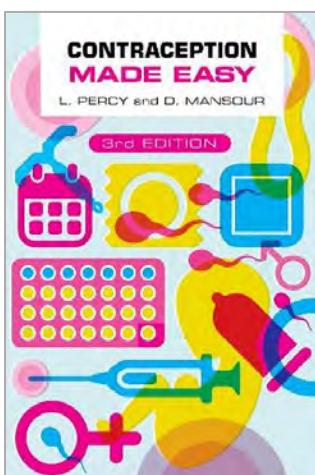
416 Pages

B&W THROUGHOUT

Rel Date: December 2023

9781421446684

AUD\$: 68.99



Contraception Made Easy 3/e

By Laura Percy, Diana Mansour

A concise handbook containing the latest practical guidance on all common contraceptive methods. *Contraception Made Easy 3/e* is an up-to-date handbook for GPs and other healthcare professionals who need easy access to the latest practical guidance on all the commonly used contraceptive methods: combined oral contraceptives (COCs), patches, and vaginal rings progestogen-only pills (POPs), progestogen-only injectables and implants copper intrauterine devices (IUDs) and the levonorgestrel IUS diaphragms, cervical caps, and male and female condoms natural fertility awareness advice/kits emergency contraception male and female sterilisation. This latest edition includes the position on abortion in Ireland and features material on contraception for: women with weight issues, including obesity and eating disorders women taking teratogenic drugs transgender and non-binary people.

SCION PUBLISHING LTD

MEDICINE: GEN ISSUES

Disc: ACAD & PROFESSIONAL

Paperback

234 X 156 mm

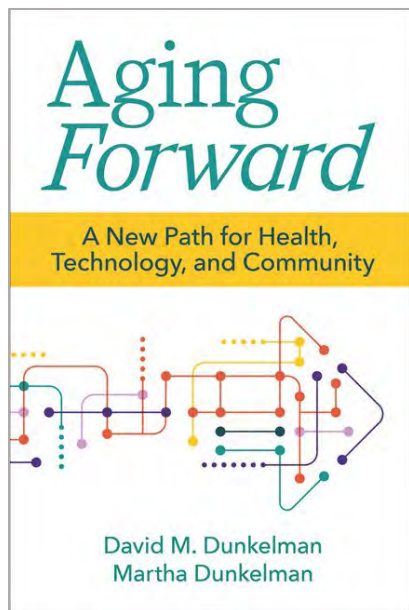
218 Pages

Rel Date: November 2023

9781914961342

AUD\$: 51.99





Aging Forward

A New Path for Health, Technology, and Community

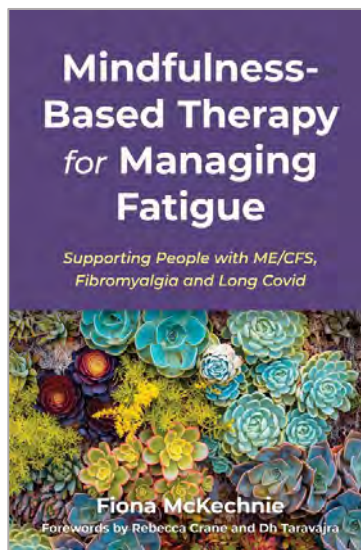
By David Dunkelman, Martha Dunkelman

America has an aging challenge. As baby boomers enter advanced age, the shortfalls of our current care delivery systems are increasingly clear. If nothing changes, we are woefully unprepared for a world with more older adults than ever before. *Aging Forward* confronts this inconvenient reality and provides a life raft—a vision for the future with achievable solutions. In this new era of human history, the leaders who will bring us safely to better shores are already among us—perhaps you are one. In this book, discover what will be needed for the journey. It begins with a deep look at how we got here—delving into the economic, political, and cultural forces that created America’s aging services model—and exposes the unsustainable trajectory of these services and policies given the state of health and aging today. By focusing on the growing need to manage chronic health conditions versus waiting for medical crises, the authors explore how to restructure incentives, network communications, use data-driven solutions, and embrace existing and emerging technologies to reshape the infrastructure of aging care. The result: better access to supports that will more easily—and economically—keep older adults safe, independent, and in their own communities for longer, avoiding the burdens and fears so many endure now. The good news of *Aging Forward* is that “we are not bankrupt.” The solutions are all around us waiting to be applied.

HEALTH PROFESSIONS PRESS

Category: SOCIAL WELFARE
Disc: ACAD & PROFESSIONAL
229 X 152 mm
Release Date: December 2023
9781956801033

Paperback
272 pages
NOT ILLUSTRATED
AUD\$: 79.99



Mindfulness-Based Therapy for Managing Fatigue

Supporting People with ME/CFS, Fibromyalgia and Long Covid

By Fiona McKechnie

Key Sales Points:

* A guide to adapting Mindfulness-based Cognitive Therapy for chronic fatigue. * Includes chapters written by clients with chronic illness and extensive mindfulness experience. * Excellent for mindfulness teacher training courses.

Based on an 8-week Mindfulness-based Cognitive Therapy programme, this guide addresses the increasing need for adapted mindfulness in the management of ME/CFS, fibromyalgia, Long Covid, and other chronic fatigue conditions. Using current understanding and theoretical approaches to Long Covid and ME/ CFS, this book allows practitioners to understand how they can adapt their teaching to accommodate patients with specific needs and challenges, including adaptations for brain fog, approaches to rest, movement, daily activity and accompanying difficult thoughts and emotions. Contributions from people who manage ME, fibromyalgia and chronic fatigue through mindfulness are included alongside practical guidance and detailed week-by-week session plans whether that’s in-person or online. Filled with helpful diagrams and illustrations, practitioners can use this guide to greatly widen the scope of who they can reach and gently empower clients living with often isolating conditions on how to apply this approach in the long-term to their everyday lives.

JESSICA KINGSLEY PUBLISHERS

Category: NURSING & ANCILLARY
Disc: TRADE INTERNATIONAL
229 X 152 mm
Release Date: December 2023
9781839973451

Paperback
256 pages
B&W THROUGHOUT
AUD\$: 64.99





Welfare

By Carsten Jensen

A short but engaging look at how nations have succeeded and failed at welfare. In *Welfare*, political scientist Carsten Jensen examines how the Danish welfare model leads to some of the highest levels of happiness, education, and health in the world. He argues that this welfare model is a success story because it has created a remarkable level of equality and forged strong links between people and public institutions. Jensen probes four central questions about this model: Why do Danes support the welfare state? Which historic events and people have enabled such intimate links to arise between the state and welfare? How much welfare do Danes get? And finally, how has Denmark been able to combine welfare and wealth, and how viable will this model be in the future?

JOHNS HOPKINS UNIVERSITY PRESS
POLITICS/GOVERNMENT
Disc: TRADE INTERNATIONAL
Paperback
180 X 112 mm
60 Pages
Rel Date: December 2023
9781421444741
AUD\$: 22.99



Dreams

By Melanie Gillespie Rosen

A short but engaging look at why we dream. In *Dreams*, researcher Melanie Gillespie Rosen explores the biology and psychology behind dreaming. Introducing historical theories from Aristotle to Descartes, Gillespie Rosen then evaluates current leading theories on the purpose of dreams based on modern research. She reveals how dreams may help consolidate memories our brains deem important while clearing out unnecessary ones, and they may also reflect anxieties in our subconsciousness. Dreams give us a chance to test out future events to rehearse our actions and responses. Gillespie Rosen examines the sleep stages and explains why most of the dreams we remember occurring during REM. She even explores why some people dream in color, while others report dreaming in black and white.

JOHNS HOPKINS UNIVERSITY PRESS
PSYCHOLOGY
Disc: TRADE INTERNATIONAL
Paperback
180 X 112 mm
60 Pages
Rel Date: December 2023
9781421447124
AUD\$: 22.99



Questions

By Pia Lauritzen

A short but engaging look at how questions shape our thinking. Why do we ask questions? In *Questions*, Pia Lauritzen explores the philosophy behind questions and probes how they function as both a development tool and a bridge to understanding. She speculates that the question is the essential characteristic that distinguishes human beings from animals and that it is the key to understanding why we think and act as we do. Basic human phenomena like surprise and doubt, ignorance, and curiosity-which all articulate a questioning mode of dealing with the world-may well be the reason why human beings developed language. Yet the diverse ways that different languages and cultures treat questions reflects and reinforces crucial cultural differences. Ultimately, Lauritzen argues, the question is the key to understanding the inner logic that links all major themes in the history of Western philosophy.

JOHNS HOPKINS UNIVERSITY PRESS
PHILOSOPHY
Disc: TRADE INTERNATIONAL
Paperback
180 X 112 mm
60 Pages
Rel Date: December 2023
9781421447148
AUD\$: 22.99





Happiness

By *Christian Bjørnskov*



These books present unique insights on a wide range of topics and concepts-everything from love, trust, and play, to corruption, welfare, and sleep-that entertain and enlighten readers with exciting discoveries and new perspectives.

JOHNS HOPKINS UNIVERSITY PRESS

Category: SOCIOLOGY & ANTHROP

Disc: TRADE INTERNATIONAL

180 X 112 mm

Release Date: **October 2022**

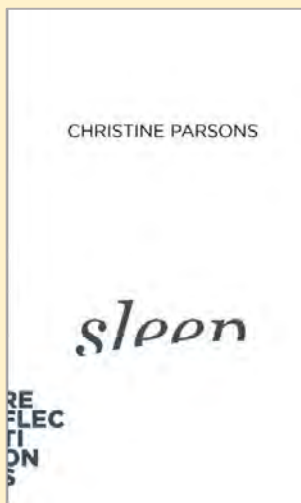
9781421444727

Paperback

60 pages

B&W THROUGHOUT

AUD\$: 22.99



Sleep

By *Christine Parsons*



A short but engaging analysis of why we sleep and how to improve our sleep hygiene. In *Sleep*, psychologist Christine Parsons lays out the benefits of sleeping for our bodies, minds, and societies.

JOHNS HOPKINS UNIVERSITY PRESS

Category: FAMILY & HEALTH

Disc: TRADE INTERNATIONAL

180 X 112 mm

Release Date: **July 2023**

9781421446080

Paperback

60 pages

AUD\$: 22.99



Calm

By *Iben Have*



A short but engaging look at how to cultivate a sense of calm in our busy world. In *Calm*, sound and media researcher Iben Have explores how to cultivate a feeling of calm using digital technologies, routines, and mindfulness training.

JOHNS HOPKINS UNIVERSITY PRESS

Category: SCIENCE: GEN ISSUES

Disc: TRADE INTERNATIONAL

180 X 112 mm

Release Date: **July 2023**

9781421446066

Paperback

60 pages

AUD\$: 22.99



Brains

By *Leif Østergaard*



A short but engaging exploration of the brain. In *Brains*, scientist Leif Østergaard explores our most complicated and mysterious organ. From the dissection of Einstein's brain to research on how to map networks of neurons.

JOHNS HOPKINS UNIVERSITY PRESS

Category: BIOLOGY, LIFE SCIENCE

Disc: TRADE INTERNATIONAL

180 X 112 mm

Release Date: **July 2023**

9781421446042

Paperback

60 pages

AUD\$: 22.99



"An important contribution to helping couples face one of the worst problems in a relationship."
—John M. Gottman, PhD, author of *The Seven Principles for Making Marriage Work*

SECOND EDITION

Getting Past the Affair

A Program to Help You Cope, Heal, and Move On—Together or Apart



Douglas K. Snyder, PhD
Kristina Coop Gordon, PhD
Donald H. Baucom, PhD

Getting Past the Affair 2/e

A Program to Help You Cope, Heal, and Move On--Together or Apart

By Douglas K. Snyder, Donald H. Baucom, Kristina Coop Gordon

How could my partner have done this? "What was my role?" "Can this relationship be saved?" Discovering that your partner has had an affair can feel like an earthquake.

Long after the first jolt, the emotional aftershocks can make it hard to be there for your family, go about your daily business, and think clearly about your options. Where can you turn for help?

From award-winning couple therapists, this compassionate guide has already provided support and expert advice to tens of thousands of readers.

Updated throughout, the second edition confronts the myriad challenges facing couples today.

Drawing on the latest research, the authors share vivid stories of diverse partners struggling with infidelity in all its forms—sexual or emotional, in-person or online.

Learn how to process what happened, cope with anger and mistrust, and map a way to move forward, whether separately or together.

HARDBACK EDITION ALSO AVAILABLE: 9781462552832 - \$66.99

Author Bio:

Douglas K. Snyder, PhD, is Professor of Psychological and Brain Sciences at Texas A&M University, where he also served as Director of Clinical Training for 20 years. He is coauthor or co-editor of several books, including *Getting Past the Affair, Second Edition* (for general readers), and *Helping Couples Get Past the Affair and Clinical Handbook of Couple Therapy, Sixth Edition* (for mental health professionals). Dr. Snyder is a recipient of the Distinguished Contribution to Research in Family Therapy Award from the Association for Marriage and Family Therapy; the Distinguished Contribution to Family Psychology Award from the Society for Couple and Family Psychology, Division 43 of the American Psychological Association (APA); and the Distinguished Psychologist Award from the Society for the Advancement of Psychotherapy, Division 29 of the APA. Dr. Snyder has a private couple therapy practice in Chappell Hill, Texas. Kristina Coop Gordon, PhD, is Associate Dean of Academic Affairs and Engagement in the College of Education, Health, and Human Sciences at the University of Tennessee. She previously served as a College of Arts and Sciences Excellence Professor and Director of Clinical Training in the Department of Psychology. Dr Gordon has received university-level awards for both her scholarship and her teaching.

GUILFORD PUBLICATIONS

Not Illustrated

Disc: Trade International

229 X 152 mm

Release Date: December 2023

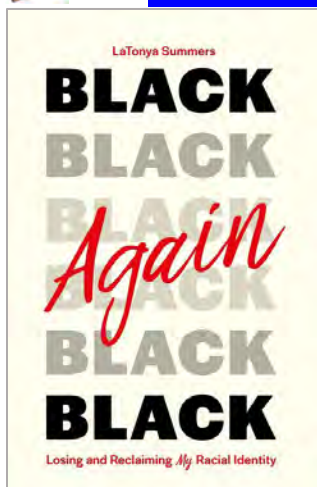
9781462547487

Paperback

294 pages

AUD\$: 49.99





Black Again

Losing and Reclaiming My Racial Identity

By *LaTonya Summers*

"I was driven by the belief that if I wanted to go somewhere I'd need to be something other than Black." LaTonya Summers was only six years old the first time she unconsciously tried to be "more white". Recollecting experiences from her childhood in foster care through to her life today as an Assistant Professor and mother, LaTonya examines how her perception of self was affected by internalized racism and led her to adopt white norms - influencing everything from her music and clothing choices to her speech and values. Join LaTonya in her journey of realization - how all those years assimilating, stretching, and pressing for whiteness harmed her, and how, in a world that sees her as Black, it's about time she did too. Discover how LaTonya has truly "made it" by embracing and endorsing the Afrocentric norms and values that have sustained her and her family better than any white picket fence ever could.

JESSICA KINGSLEY

PUBLISHERS

FAMILY & HEALTH

Disc: TRADE INTERNATIONAL

Paperback

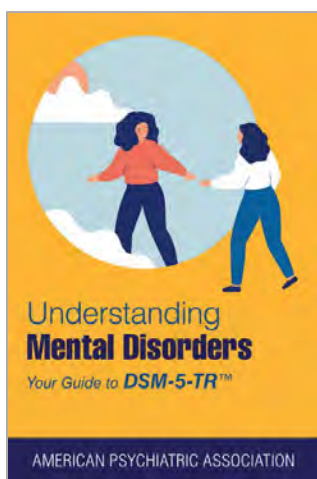
216 X 138 mm

224 Pages

Rel Date: December 2023

9781839973185

AUD\$: 36.99



Understanding Mental Disorders

Your Guide to DSM-5-TR (R)

By *American Psychiatric Association*

Understanding Mental Disorders: Your Guide to DSM-5-TR is a valuable guide for anyone who has been touched by mental illness. Most of us know someone who suffers from a mental illness. This book helps those who may be struggling with mental health problems, as well as those who love and care for them. Based on the latest edition of the Diagnostic and Statistical Manual of Mental Disorders-known as DSM-5-TR-Understanding Mental Disorders provides useful insight on what to expect from an illness and its treatment-and will help readers recognize symptoms, know when to seek help, and get the right care. Featured disorders include depression, schizophrenia, ADHD, autism spectrum disorder, posttraumatic stress disorder, and bipolar disorder, among others.

AMERICAN PSYCHIATRIC ASSOCIATION

PUBLISHING

PSYCHIATRY

Disc: TRADE INTERNATIONAL

Paperback

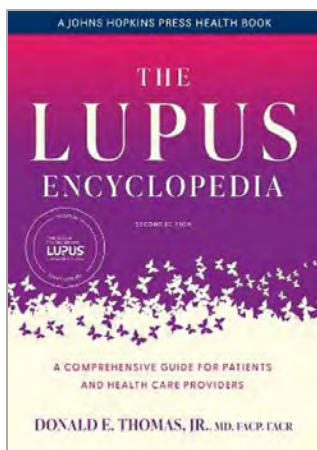
229 X 152 mm

B&W THROUGHOUT

Rel Date: December 2023

9781615375219

AUD\$: 69.99



The Lupus Encyclopedia 2/e

A Comprehensive Guide for Patients and Health Care Providers

By *Donald E. Thomas*

The best-selling, most comprehensive guide to lupus, its complications, and management. Lupus is an autoimmune disease that can attack any body organ. It is three times more common in the United States today than it was in the 1980s, so there is an increased need for accurate, practical information on this potentially devastating disease. Lupus expert and clinician Donald E. Thomas, Jr., MD, provides all the helpful information patients need so they can understand and treat this disease. Highlighting amazing advancements in the diagnosis and treatment of lupus, this edition includes new and expanded information on: * The latest FDA-approved medications * How lupus affects different body parts * Advanced labs that improve lupus diagnosis and treatment * The role of the microbiome and anti-inflammatory diets.

JOHNS HOPKINS

UNIVERSITY PRESS

FAMILY & HEALTH

Disc: TRADE INTERNATIONAL

Paperback

254 X 178 mm

848 Pages

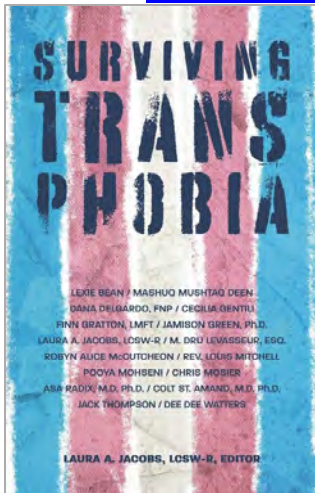
B&W THROUGHOUT

Rel Date: December 2023

9781421446844

AUD\$: 99.00





Surviving Transphobia

By **Laura A. Jacobs LCSW**

The transgender and gender nonbinary community is forever under siege. Institutional transphobia is enacted by those who would return us to the shadows, the closets, or worse. *Surviving Transphobia* is an anthology by transgender and gender nonbinary celebrities and experts on endurance during times of severe hostility. We share the moments when we were vulnerable, were bullied, had needs dismissed, or were discriminated against, revealing our determination and how we have (sometimes) managed to thrive. We offer loving support as your brave agony and seek joy. We also speak to our allies. We are activists, actors, athletes, authors, lawyers, doctors, nurses, therapists, sex workers, clergy, diplomats, and military veterans. We are of many ethnicities. We vary socioeconomically, educationally, and geographically. Some are neurodivergent. Several are disabled or have chronic illnesses.

JESSICA KINGSLEY

PUBLISHERS

FAMILY & HEALTH

Disc: TRADE INTERNATIONAL

Paperback

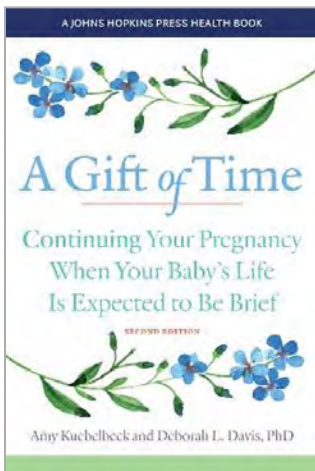
216 X 138 mm

224 Pages

Rel Date: December 2023

9781787759657

AUD\$: 39.99



A Gift of Time 2/e

Continuing Your Pregnancy When Your Baby's Life Is Expected to Be Brief

By **Amy Kuebelbeck, Deborah L. Davis**

Now updated and expanded—a gentle and comprehensive guide for parents expecting a baby with a prenatal diagnosis of a life-limiting condition. When prenatal testing reveals that a baby is expected to die before or shortly after birth, many parents choose to proceed with the pregnancy and embrace the time they can have with their baby before birth as well as afterward. With compassion and support, *A Gift of Time* walks these parents step-by-step through this challenging and emotional experience—from receiving the diagnosis to coping with the pregnancy and making plans for the baby's birth and peaceful death. The second edition of this gentle guide offers inspiration and reassurance through the voices of numerous parents who have walked this path with their beloved baby. Their moving experiences are stories not only of grief but of joy and peace.

JOHNS HOPKINS

UNIVERSITY PRESS

FAMILY & HEALTH

Disc: TRADE INTERNATIONAL

Paperback

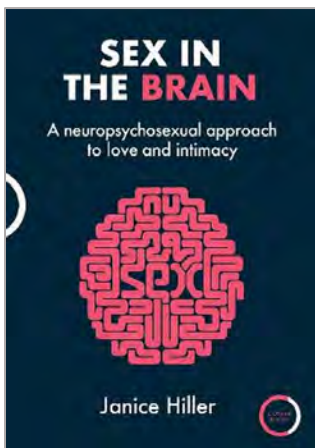
229 X 152 mm

448 Pages

Rel Date: December 2023

9781421446707

AUD\$: 69.99



Sex in the Brain

A neuropsychosexual approach to love and intimacy

By **Janice Hiller**

Sex in the Brain gives an overview of what happens in the brain during the development of romantic and sexual relationships, from the intense emotions accompanying the early stages of a new relationship to kissing, touch, arousal, orgasm, commitment, parenting, infidelity, breaking up or staying together. Neuroscience has uncovered fascinating insights into the brain processes involved in human drives and sexual behaviour, and romantic relationships are now a particular focus of attention. With advanced imaging techniques and hormone testing methods, neurotransmitters and brain regions in humans can now be investigated, allowing researchers to describe the complex neural patterns that enable us to feel desire, exhilaration, and commitment to a partner. This book is for anyone keen to learn more about their own responses and interactions with a partner.

CONFER

PSYCHOLOGY

Disc: TRADE INTERNATIONAL

Paperback

185 X 129 mm

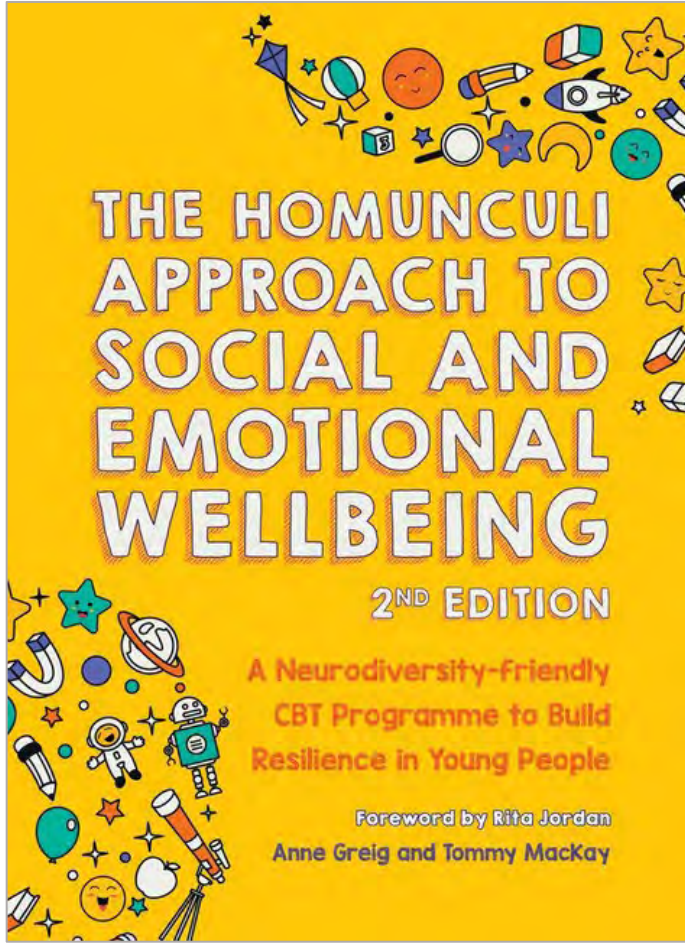
240 Pages

Rel Date: December 2023

9781913494889

AUD\$: 39.99





The Homunculi Approach To Social And Emotional Wellbeing 2/e

A Neurodiversity-Friendly CBT Programme to Build Resilience in Young People

By Anne Greig, Tommy MacKay

Key Sales Points:

- * 2nd edition of the Homunculi Approach to Social and Emotional Wellbeing extended to be used for the whole classroom and mainstream schools, as well as pairs and individuals to build emotional and social resilience with the help of problem-solving agents and special gadgets for 7-16-year-olds.
- * 1st edition (9781843105510) published in 2013 still sells 400 copies a year with the new edition adapted for mainstream schools with the whole classroom approach
- * The authors who developed the programme frequently train head teachers and teachers in schools across the UK and have presented the approach to over 5000 professionals in 2009.
- * Includes unique bonus resources such as videos created by children in classrooms using the homunculi approach.

Welcome to the world of the homunculi! The homunculi are miniature agents with problem solving missions and special gadgets who live inside the brain and help with distressing feelings and behaviours.

Now adapted for use in the classroom, as well as pairs and individuals, this practical second edition allows you to use this fun CBT-based activity with children and young people aged 7-16.

This well researched approach is proven to help children who have difficulty identifying troubling feelings such as anger and fear and can be used in a variety of potentially distressing situations including bullying or tricky transitions from primary to secondary school.

Complete with a large format skull poster, character and storyboard templates and downloadable record sheets this unique resource includes everything needed to get started on making stories cartoons or videos.

Additional online resources show you how the programme was put in action in real-life individual and classroom settings, showcasing how the weirdly wonderful homunculi characters and stories created by children can come to life.

JESSICA KINGSLEY PUBLISHERS

Category: CLINICAL PSYCHOLOGY

B&W Throughout

Disc: Trade International

297 X 210 mm

Release Date: December 2023

9781839973949

Paperback

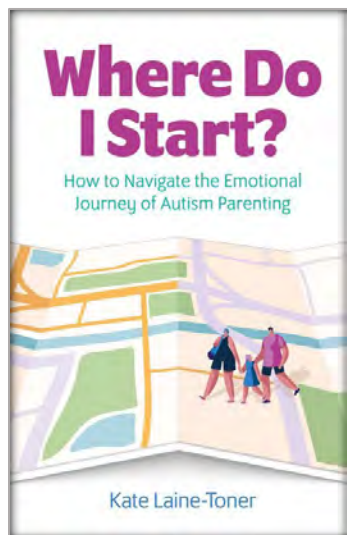
160 pages

AUD\$: 77.99

Author Bio:

Anne Greig is an educational psychologist, accredited CBT practitioner and honorary lecturer at Dundee University. Anne has developed expertise in the areas of autism, psychotherapy, and mental health. She is on the editorial board of the BPS Journal Educational and Child Psychology. She is also part of a group of psychologists working alongside colleagues in Bethlehem to create counselling approaches in schools. She works as a clinical practitioner at the National Diagnosis and Assessment Service for Autistic Spectrum Disorders Tommy MacKay is a psychologist working in education, child psychology, health psychology, neuropsychology, and psychotherapy. Tommy has been awarded the Lifetime Achievement Award of the British Psychological Society. He is the clinical director of the National Diagnosis and Assessment Service for Autism Spectrum Disorders and Co-Founded the National Centre for Autism Studies and post-graduate training programme at the University of Strathclyde.





Where Do I Start?
How to Navigate the Emotional Journey of Autism Parenting

By Kate Laine-Toner

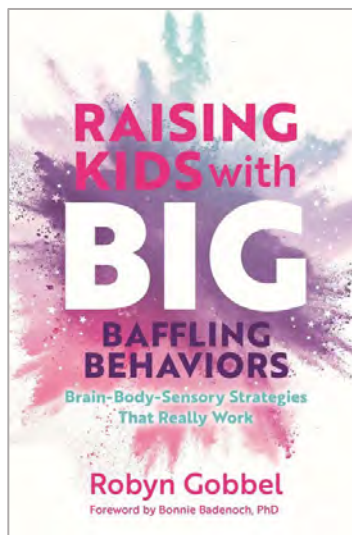
Key Sales Points:

* Support and guidance for parents and carers of autistic children, with a focus on how address your own anxieties, understand and accept a diagnosis, and set yourself up for a successful family life. * The book focuses on supporting parents' emotional journey as well as strategies for supporting their child, which is a fresh approach. * Kate Laine-Toner is very well-connected; she founded Bristol Autism Support in 2012 and runs courses on neurodiversity. * The author is autistic and has ADHD, and is parent to an autistic child, so has a deep understanding of the specific challenges neurodiversity.

Recognising that your child is autistic is a pivotal moment for parents and carers. While it can lead to positives in terms of understanding behaviour and accessing support, the diagnostic process itself can be a huge source of anxiety, stress, guilt, and worry. But it's going to be ok - because right here you have the ultimate guidebook to navigating the emotions and challenges that these early stages present. From weathering the initial impact of a potential diagnosis, to self-care strategies and finding new parameters for success, reading this book is like being taken by the hand and shown how to look after your own mental health while supporting your child. Each chapter is full of guidance from someone who's been where you are now and tells you what you really need to know so you can journey from panic and uncertainty to confidence, acceptance, and strength.

JESSICA KINGSLEY PUBLISHERS
Category: CLINICAL/INT'L MEDIC
Disc: TRADE INTERNATIONAL
216 X 140 mm
Release Date: December 2023
9781839975523

Paperback
224 pages
B&W THROUGHOUT
AUD\$: 38.99



Raising Kids with Big, Baffling Behaviors
Brain-Body-Sensory Strategies That Really Work

By Robyn Gobbel

Key Sales Points:

* What you need to do to understand your child's baffling behavior - with tools that really work to help them - and you! * Explains unexplainable behaviours! Robyn talks to the reader like a friend sharing hard-won experience and explains how parents of kids with complex behaviours can make sense of it all by understanding what's going on inside. * The latest parenting science made easy. Author explains the latest science using simple metaphors, and easy to understand language. the book features fast-forward or skip to this chapter prompts and cues throughout are perfect for the busy parent.

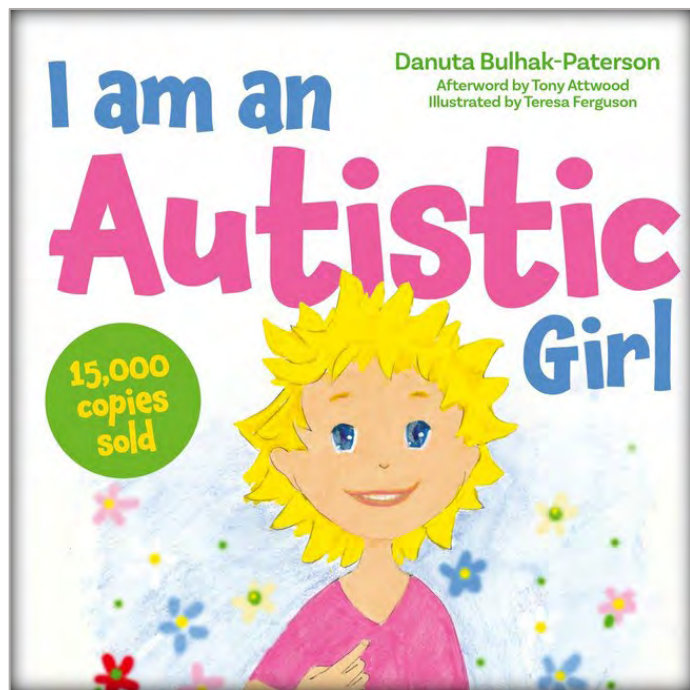
"All behavior makes sense" "It most certainly does not!", is probably your first reaction. Parenting coach Robyn Gobbel is here to reveal how all behaviour, no matter how baffling, can be explained and remedied. You just need to look past the behavior and understand what's going on inside.

Robyn decodes the latest brain science into easy-to-understand principles and metaphors which will help you to become an expert in your child's behaviour. She reveals simple ways to help you regulate and connect with your child, with brain-, body- and sensory-based strategies to overcome day-to-day challenges. She also provides you with the knowledge to understand and regulate your own brain so that you don't flip your lid when your child flips theirs.

JESSICA KINGSLEY PUBLISHERS
Category: FAMILY & HEALTH
Disc: TRADE INTERNATIONAL
229 X 152 mm
Release Date: December 2023
9781839974281

Paperback
272 pages
B&W THROUGHOUT
AUD\$: 38.99





I am an Autistic Girl

A Book to Help Young Girls Discover and Celebrate Being Autistic

By Danuta Bulhak-Paterson

Afterword by Tony Attwood and Illustrated by Teresa Ferguson

Lizzie is an autistic girl, which means that her brain works differently to her friends, and even to autistic boys!

In this book, Lizzie explains what it's like to be an autistic girl, including how she has a special talent for blending in with her friends, how she can get tired after being at school all day, how she worries about making mistakes, and how she finds it hard to understand how she is feeling.

By simply, clearly, and positively explaining the social differences associated with young autistic girls, this book will help autistic girls aged 5-11 to understand their diagnosis, recognise their unique strengths and celebrate their differences, and find ways of coping with difficulties.

This positive, and celebratory book also contains helpful discussion points for parents and professionals to explore further with the girls in their care.

JESSICA KINGSLEY PUBLISHERS

Category: LIFE SKILL/GEN STUDS

Author is from Australia

Colour Throughout

Disc: Trade International

210 X 210 mm

Release Date: November 2023

9781805011200

Age: 5+ years

Hardback

32 pages

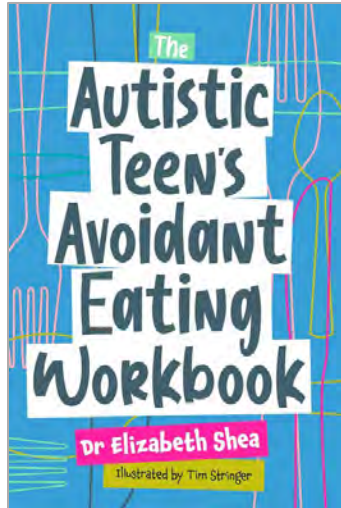
AUD\$: 34.99



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Author Bio:

Danuta Bulhak-Paterson is a Clinical Psychologist and Director at Unique U Psychology Clinic, a specialist clinic for girls and women with autism spectrum conditions in Melbourne, Australia. She has over fifteen years' experience of working with people of all ages with autism spectrum conditions. She previously worked with Professor Tony Attwood and Dr Michelle Garnett at Minds and Hearts Clinic in Brisbane, Australia.



The Autistic Teen's Avoidant Eating Workbook

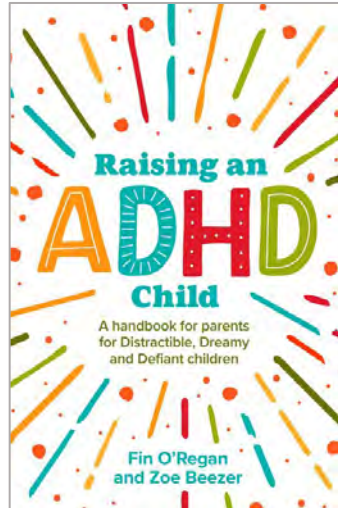
By Elizabeth Shea, Tim Stringer



If you are neurodivergent and looking to change your relationship with food, this interactive, accessible guide is the perfect companion. This guide will help you recognise the signs of avoidant eating, cope with food related anxieties and manage sensory overload, as well as the particular social stresses of communal eating.

JESSICA KINGSLEY PUBLISHERS
Category: CLINICAL/INT'L MEDIC
Disc: TRADE INTERNATIONAL
229 X 152 mm
Release Date: December 2023
9781787758599

Paperback
208 pages
B&W THROUGHOUT
AUD\$: 38.99



Raising an ADHD Child

A handbook for parents for Distractible, Dreamy and Defiant children

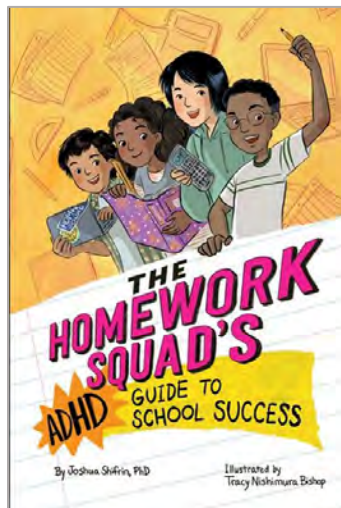
By Fintan O'Regan



This guide is a comprehensive and practical look at everything you need to know when parenting a child with ADHD. Beginning with the basics, you'll get to grips with terminology, have popular myths debunked, and learn how to effectively communicate with your child, as well as understand how to work in tandem with schools and medical professionals.

JESSICA KINGSLEY PUBLISHERS
Category: FAMILY & HEALTH
Disc: TRADE INTERNATIONAL
229 X 152 mm
Release Date: December 2023
9781839970214

Paperback
160 pages
AUD\$: 38.99



The Homework Squad's ADHD Guide to School Success

By Joshua Shifrin, Tracy Bishop



The Homework Squad is here for kids with ADHD! This easy-to-use guide will help with key study skills to improve reading, writing, math, listening, memorization, concentration, and more! Bite-sized tips and tricks, journal prompts, and advice for challenges help kids with ADHD recognise how they learn best.

MAGINATION PRESS
Category: EDUCATION
Disc: TRADE INTERNATIONAL
229 X 152 mm
Release Date: November 2023
9781433833755

Ages: 8-12
Hardback
128 pages
NOT ILLUSTRATED
AUD\$: 30.99



My Culture, My Gender, Me

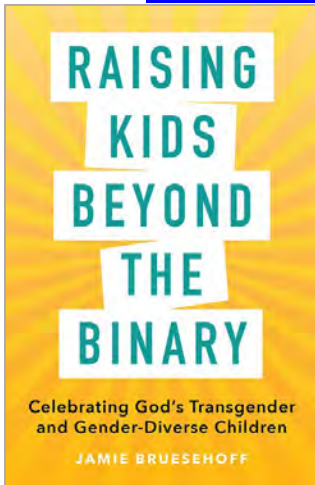
By Cassandra Jules Corrigan



This lovingly illustrated guide is an important testament that genders other than male, and female have always existed - around the globe - and comes with additional materials to help children uncover the gender identities from their own cultures. Perfect for parents, children, educators, and professionals who work with gender-diverse children.

JESSICA KINGSLEY PUBLISHERS
Category: SOCIETY CULTURE
Disc: TRADE INTERNATIONAL
251 X 248 mm
Release Date: December 2023
9781839977626

Hardback
48 pages
COLOUR SECTION(S)
AUD\$: 31.99



Raising Kids beyond the Binary

Celebrating God's Transgender and Gender-Diverse Children

By *Jamie Bruesehoff, Rebekah Bruesehoff*

Dare to dream of a church and a world transformed by the bold celebration of transgender and gender-diverse children. The debate around transgender children rages, with some Christians being the loudest voices against loving and supporting these young people. So, now more than ever, people of faith need to be grounded in God's call to love and affirm young people in who God created them to be. *Raising Kids beyond the Binary* bypasses the sound bites to give readers a vivid picture of who transgender, non-binary, and gender-expansive young people are and what they need to thrive. Drawing on the author's experience as a mother walking with and learning from her own transgender child, as well as working with hundreds of families across the country doing the same, this book helps parents navigate the emotional, spiritual, and logistical landscape of raising a gender-diverse child.

1517 MEDIA

FAMILY & HEALTH

Disc: TRADE INTERNATIONAL

Paperback

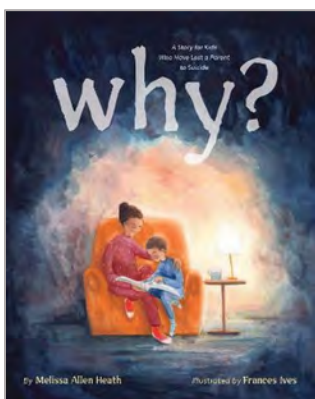
216 X 140 mm

220 Pages

Rel Date: December 2023

9781506488646

AUD\$: 43.99



Why?

A Story for Kids Who Have Lost a Parent to Suicide

By *Melissa Allen Heath, Frances Ives*

A picture book geared to help parents and counsellors communicate with young children about a parent's suicide. Oliver's daddy loved him-a whole bunch, forever and for always. One day Oliver's daddy died by suicide. Why? Oliver's mommy hugs him tight, and she tells him why. And she reassures Oliver that his daddy loved him-and that will never change. In developmentally appropriate language and evocative illustrations, this picture book helps open communication about why a parent completes suicide. A reader's note offers more information about supporting children who have lost a parent to suicide.

MAGINATION PRESS

LIFE SKILL/GEN STUDS

Age: 3+ years

Disc: TRADE INTERNATIONAL

Hardback

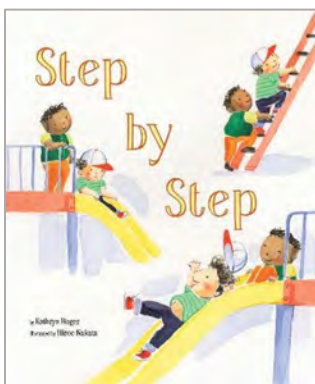
254 X 203 mm

32 Pages

Rel Date: December 2023

9781433841965

AUD\$: 41.99



Step by Step

By *Kat Boger, Hiroe Nakata*

The world is full of exciting new things for Sam to try...but new things can be scary! Can his mom help him figure out how to face his fears? Sam is getting older, and every day there are new things for him to try, from a trip to a farm, to going to a new friend's house, to the first day of school. But Sam can't help but worry about all these new things--what if he doesn't like them? His mom helps him figure out what small steps he can take, little by little, so that he realizes he can handle it. Includes a Note to Parents & Caregivers with more information about helping children face their fears.

MAGINATION PRESS

LIFE SKILL/GEN STUDS

Age: 4+ years

Disc: TRADE INTERNATIONAL

Hardback

254 X 203 mm

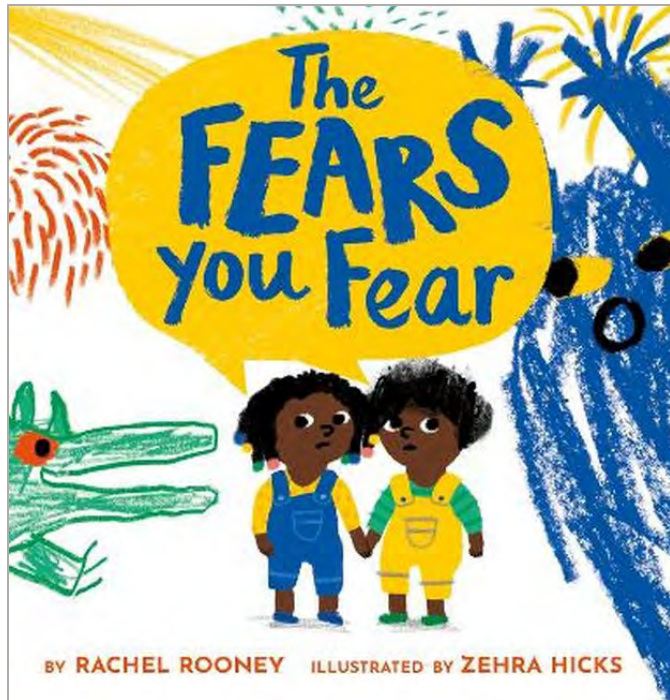
32 Pages

Rel Date: December 2023

9781433842412

AUD\$: 38.99





The Fears You Fear

By Rachel Rooney, Zehra Hicks

A rhyming picture book that explores what happens when children encounter a fear.

We all have fears that frighten us. Some are fears you see, and some are ones you don't. It's a feeling we all feel.

Fear comes in all shapes and sizes and can meet you anywhere, from the circus ring to the swimming pool to the first day of school.

The thing you fear may be something others love, like a dog or a bicycle. But you don't have to let a fear give you the shivers or goosebumps!

Fear not, there are so many ways to send those fears away!

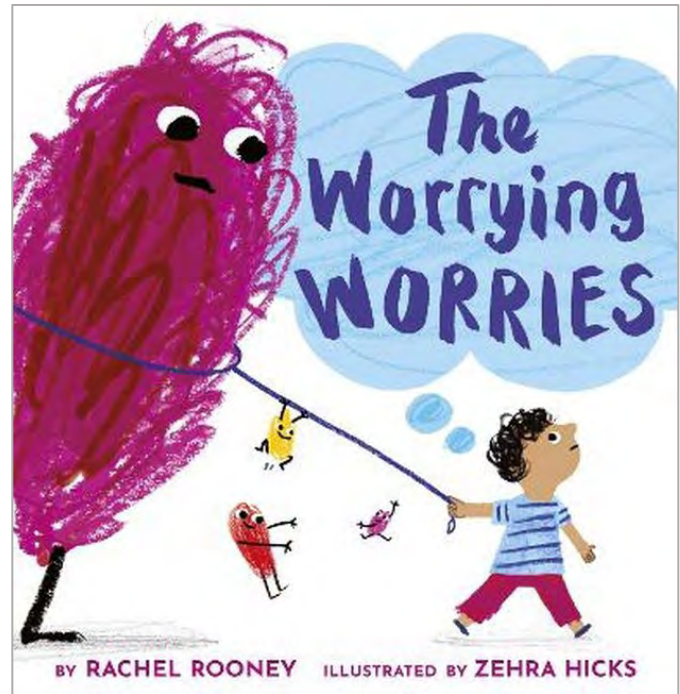
The Fears You Fear includes fears of animals, the circus, the pool, saying goodbye, attending parties, the dentist or doctor's office, thunderstorms, trying new things, and stage fright.

MAGINATION PRESS
Category: LIFE SKILL/GEN STUDS

Disc: TRADE INTERNATIONAL
248 X 260 mm
Release Date: December 2023
9781433841927

Age: 4+ years
Hardback
28 pages

AUD\$: 41.99



The Worrying Worries

By Rachel Rooney, Zehra Hicks

Do you ever worry about your worries?

This lively rhyming picture book explores what happens when children encounter a worry, and some simple strategies to tame them.

Everyone has had a worry at some point. Worries can be awful pests, and they hate to see you happy. They can follow you to the library, the park, and back home. They might whisper mean things to you, cause stomach-aches, or keep you up at night. But you don't have to keep your worries.

In upbeat rhymes and engaging illustrations, this book shares some simple exercises children can practice staying calm and banish those pesky worries for good!

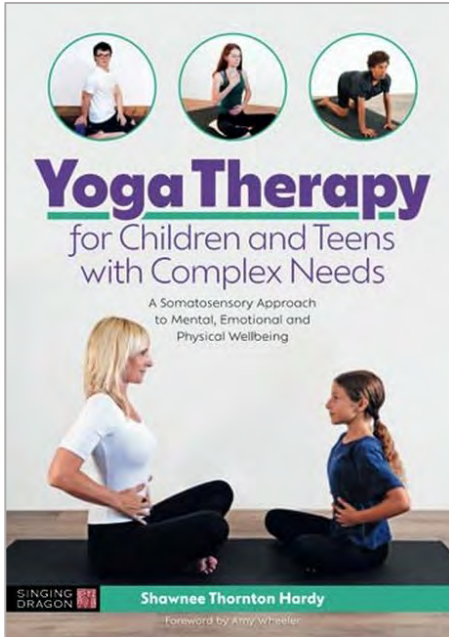
MAGINATION PRESS
Category: LIFE SKILL/GEN STUDS

Disc: TRADE INTERNATIONAL
248 X 260 mm
Release Date: December 2023
9781433841958

Age: 4+ years
Hardback
28 pages

AUD\$: 41.99





Yoga Therapy for Children and Teens with Complex Needs
A Somatosensory Approach to Mental, Emotional and Physical Wellbeing

By Shawnee Thornton Hardy, Amy Wheeler

Key Sales Points:

* A comprehensive guide to the practice of yoga therapy with children and young people with complex needs.

This deeply compassionate and inclusive resource explores the practice of yoga therapy, mindfulness, and somatic enquiry with children and young people who have complex needs.

Suitable for working with ages 5-18, the book explores a wide range of conditions, including sensory processing disorder, autism, Down syndrome, hypermobility, scoliosis, anxiety, depression, and trauma.

Chapters also include comprehensive theory on the nervous system, child development from the age of 3+, the benefits of expressive arts, and regular reflective prompts for the adults.

It is supplemented with over 100 photographs to ease learning and is an invaluable resource for therapists working with children and teens with complex needs.

SINGING DRAGON

Category: MIND, BODY, SPIRIT

Disc: ACAD & PROFESSIONAL

246 X 173 mm

Release Date: **October 2023**

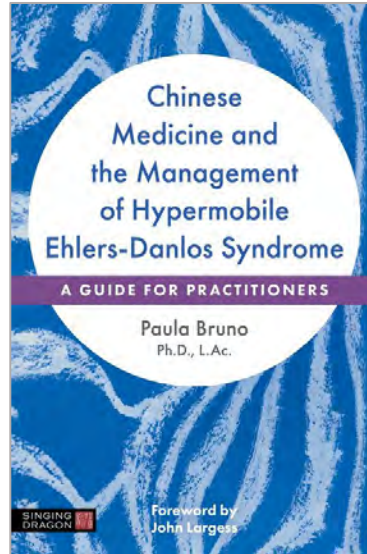
9781787752252

Paperback

384 pages

B&W THROUGHOUT

AUD\$: 55.99



Chinese Medicine and the Management of Hypermobile Ehlers-Danlos Syndrome
A Guide for Practitioners

By Paula Bruno

Key Sales Points:

- * The first book to offer guidance from Chinese medicine on working with clients with hypermobile Ehlers-Danlos Syndrome.
- * Some of the common comorbidities of hEDS - including gastroparesis, mast cell activation syndrome and dysautonomia - are getting attention now because long covid sufferers are presenting with these disorders.

Hypermobility conditions are more common, complex, and varied than most practitioners realise. Every hypermobile patient is unique, and therefore challenging to treat using only a pre-set paradigm or protocol. The hEDS population can be underserved by Western medicine. This book is one of the first of its kind - a Chinese Medicine text focusing specifically on hypermobile Ehlers-Danlos Syndrome. This is an incredibly timely arrival, given that Chinese medicine can serve several issues faced by EDS patients including fatigue, pain, supporting gut health and reducing anxiety. An integrative approach is utilised throughout the book. It presents the existing biomedical narratives before focussing on an in-depth exploration of the Chinese Medicine paradigms, and sketches guidelines for potential integrative treatment scenarios. Due to its holistic nature, a Chinese Medicine approach to treating hypermobile conditions allows multiple treatment threads to be brought together.

SINGING DRAGON

Category: MIND, BODY, SPIRIT

Disc: ACAD & PROFESSIONAL

229 X 152 mm

Release Date: **October 2023**

9781839974984

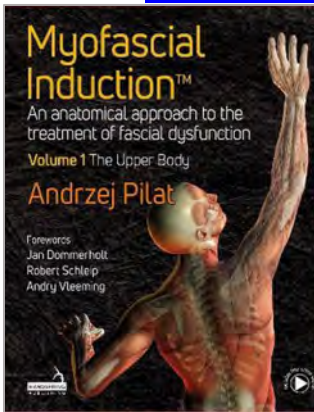
Paperback

288 pages

B&W THROUGHOUT

AUD\$: 84.99





Myofascial Induction (TM)

The Upper Body: An Anatomical Approach to the Treatment of Fascial Dysfunction

By Andrzej Pilat

Myofascial Induction (TM) - An anatomical approach to the treatment of fascial dysfunction describes the properties of the fascial network and provides therapeutic solutions for different types of fascial dysfunction. The material is presented in two volumes:

Volume 1 analyses in depth the theoretical aspects related to fascia and focuses on the therapeutic procedures of Myofascial Induction Therapy (MIT (TM)) for the upper body; Volume 2 summarizes and expands on the theoretical aspects and explains the therapeutic procedures of MIT for the lower body.

HANDSPRING

PUBLISHING

COMPLETARY MEDICINE

Disc: ACAD & PROFESSIONAL

Hardback

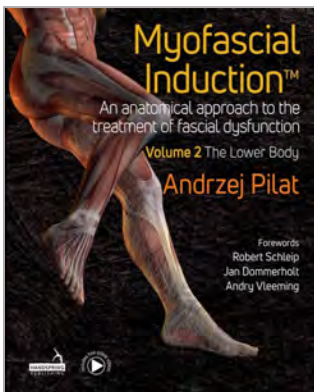
280 X 225 mm

520 Pages

Rel Date: **October 2022**

9781913426330

AUD\$: 226.00



Myofascial Induction (TM) Vol 2

The Lower Body: An Anatomical Approach to the Treatment of Fascial Dysfunction

By Andrzej Pilat

In this unique and lavishly illustrated book and its accompanying videos the practitioner can for the first time see the effect of manual interventions on underlying body structures. Volume 2 addresses its applications to the thoracic and lumbar spine, the pelvis, and the lower body. The beautiful full color photographs and videos of dissections of non-embalmed cadavers show the continuity of the fascial system and its dynamic links to other body systems. By demonstrating the effect that therapy has on body structures the book will be of interest and practical value to the physical therapist, osteopath, chiropractor, physician, and all bodyworkers dedicated to manual therapy, as well as to researchers wishing to build on this ground-breaking material.

HANDSPRING

PUBLISHING

NURSING & ANCILLARY

Disc: ACAD & PROFESSIONAL

Hardback

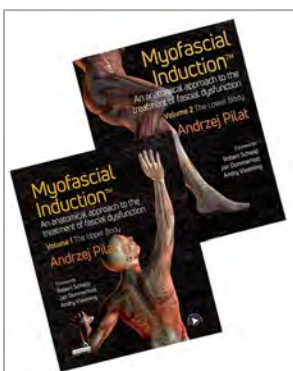
275 X 220 mm

300 Pages

Rel Date: **August 2023**

9781913426354

AUD\$: 238.00



Myofascial Induction (TM) 2-volume set

An anatomical approach to fascial dysfunction

By Andrzej Pilat

In these unique and lavishly illustrated books and their accompanying videos, the practitioner can for the first time see the effect of manual interventions on underlying body structures. Using over 700 photographs and diagrams these volumes reveal fascial architecture to the reader in all its glory and sets out the principles and practice of Myofascial Induction. The author's own teaching and practice provide the material that explains and illustrates fascial anatomy and therapeutic procedures. The beautiful full color photographs and videos of dissections of non-embalmed cadavers show the continuity of the fascial system and its dynamic links to other body systems. By demonstrating the effect that therapy has on body structures the book will be of interest and practical value to the physical therapist, osteopath, chiropractor, physician, and all bodyworkers dedicated to manual therapy, as well as to researchers wishing to build on this ground-breaking material.

HANDSPRING

PUBLISHING

COMPLETARY MEDICINE

Disc: ACAD & PROFESSIONAL

Hardback

275 X 220 mm

520 Pages

COLOUR SECTION(S)

Rel Date: **December 2023**

9781909141322

AUD\$: 463.00



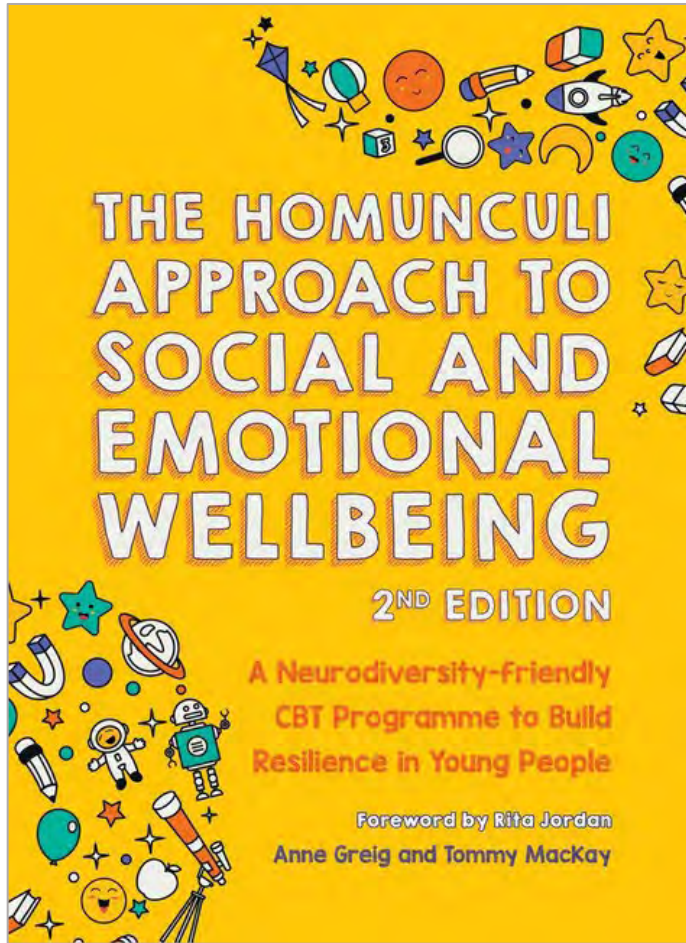


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The Homunculi Approach To Social And Emotional Wellbeing 2/e

A Neurodiversity-Friendly CBT Programme to Build Resilience in Young People

By Anne Greig, Tommy MacKay, Rebecca Price

Key Sales Points:

- * 2nd edition of the Homunculi Approach to Social and Emotional Wellbeing extended to be used for the whole classroom and mainstream schools, as well as pairs and individuals to build emotional and social resilience with the help of problem-solving agents and special gadgets for 7-16-year-olds.
- * 1st edition (9781843105510) published in 2013 still sells 400 copies a year with the new edition adapted for mainstream schools with the whole classroom approach
- * The authors who developed the programme frequently train head teachers and teachers in schools across the UK and have presented the approach to over 5000 professionals in 2009.
- * Includes unique bonus resources such as videos created by children in classrooms using the homunculi approach.

Welcome to the world of the homunculi! The homunculi are miniature agents with problem solving missions and special gadgets who live inside the brain and help with distressing feelings and behaviours.

Now adapted for use in the classroom, as well as pairs and individuals, this practical second edition allows you to use this fun CBT-based activity with children and young people aged 7-16.

This well researched approach is proven to help children who have difficulty identifying troubling feelings such as anger and fear and can be used in a variety of potentially distressing situations including bullying or tricky transitions from primary to secondary school.

Complete with a large format skull poster, character and storyboard templates and downloadable record sheets this unique resource includes everything needed to get started on making stories cartoons or videos.

Additional online resources show you how the programme was put in action in real-life individual and classroom settings, showcasing how the weirdly wonderful homunculi characters and stories created by children can come to life.

JESSICA KINGSLEY PUBLISHERS

Category: CLINICAL PSYCHOLOGY

B&W Throughout

Disc: Trade International

297 X 210 mm

Release Date: December 2023

9781839973949

Paperback

160 pages

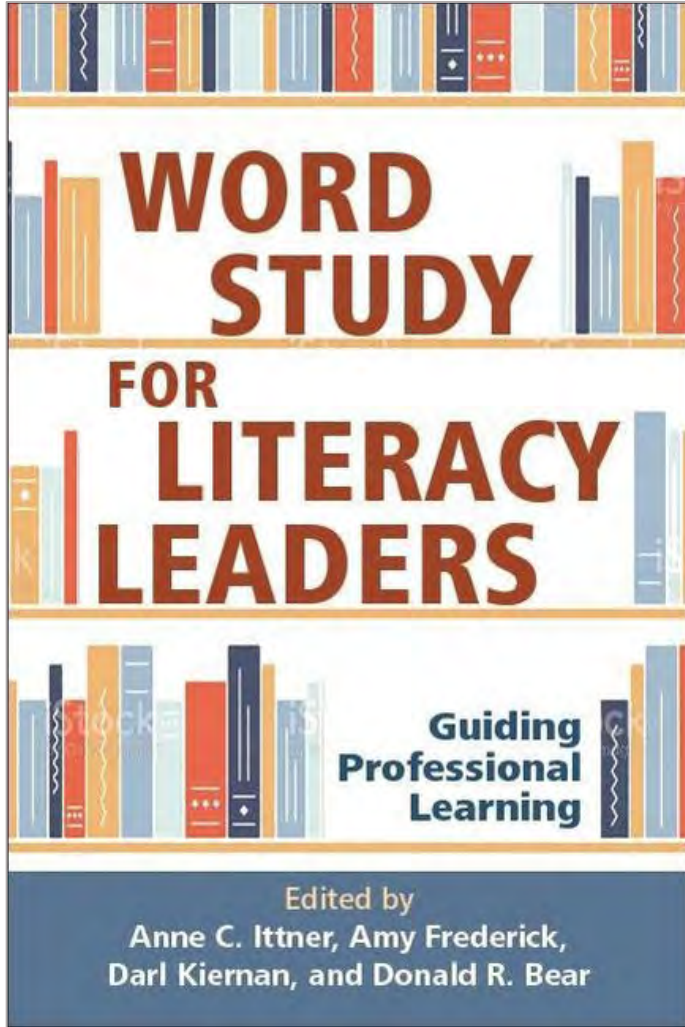
AUD\$: 77.99

Author Bio:

Anne Greig is an educational psychologist, accredited CBT practitioner and honorary lecturer at Dundee University. Anne has developed expertise in the areas of autism, psychotherapy, and mental health. She is on the editorial board of the BPS Journal Educational and Child Psychology. She is also part of a group of psychologists working alongside colleagues in Bethlehem to create counselling approaches in schools. She works as a clinical practitioner at the National Diagnosis and Assessment Service for Autistic Spectrum Disorders Tommy MacKay is a psychologist working in education, child psychology, health psychology, neuropsychology, and psychotherapy. Tommy has been awarded the Lifetime Achievement Award of the British Psychological Society. He is the clinical director of the National Diagnosis and Assessment Service for Autism Spectrum Disorders and Co-Founded the National Centre for Autism Studies and post-graduate training programme at the University of Strathclyde.



9 781839 973949



Word Study for Literacy Leaders

Guiding Professional Learning

By Anne C. Ittner, Shane Templeton

Written and edited by experts in the field, this book provides a blueprint for weaving effective word study into the fabric of classrooms and schools.

Provided are principles, ideas, materials, and activities for use with teachers in a range of professional learning contexts.

Key topics include word study foundations and orthographic knowledge; implementing collaborative coaching models, "learning huddles," and workshops; and word study strategies for young children, emergent bilingual students, and adolescents.

Helpful reproducible tools include the empirically validated Word Study Classroom Observation Guide.

Purchasers get access to a companion website where they can download and print the reproducible materials in a convenient 8 1/2" x 11" size.

HARDBACK EDITION AVAILABLE – 9781462552757 - \$169.00

GUILFORD PUBLICATIONS

Not Illustrated

Disc: Acad & Professional

229 X 152 mm

Release Date: December 2023

9781462552740

Paperback

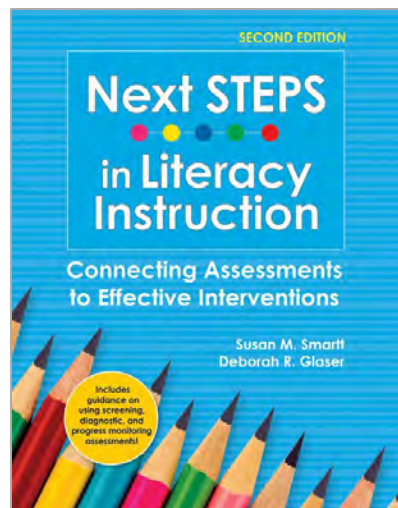
314 pages

AUD\$: 112.00



Author Bio:

Anne C. Ittner, PhD, is Assistant Professor of Literacy Education at St. Cloud State University. Dr. Ittner taught for many years in elementary school settings as a classroom teacher and English language teacher. She has worked as a literacy coach with the Path to Reading Excellence at School Sites Project at the Minnesota Center for Reading Research and served on the faculty at Western Oregon University. Her research interests include professional learning, literacy coaching, early reading instruction and assessment for multilingual learners, and online learning for teacher candidates. Amy Frederick, PhD, is Associate Professor of Literacy Education at the University of Wisconsin-River Falls, where she teaches undergraduate reading courses and is Director of the Graduate Reading Program. Before earning her doctorate, Dr. Frederick was an elementary teacher of English learners, a professional development specialist for multilingual programs, and a literacy coach in Saint Paul, Minnesota, public schools. Her research interests are at the intersection of language development, literacy learning, and teacher education.



Next STEPS in Literacy Instruction
Connecting Assessments to Effective Interventions

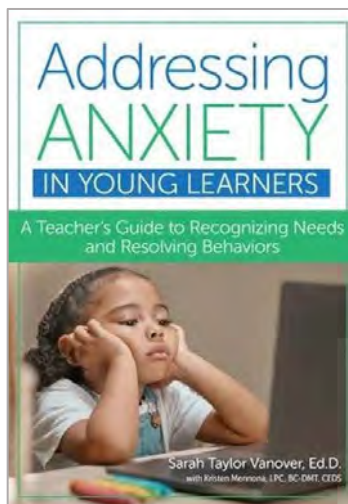
By *Susan M. Smartt, Deborah R. Glaser*



This fully revised and updated edition of Next STEPS in Literacy Instruction links classroom screening and assessment with Tier 2 instruction and intervention, serving as a planning guide for K-6 educators.

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Category: LANGUAGE/LINGUISTICS
Disc: ACAD & PROFESSIONAL
279 X 216 mm
Release Date: December 2023
9781681256221

Paperback
288 pages
AUD\$: 103.00



Addressing Anxiety in Young Learners
A Teacher's Guide to Recognizing Needs and Resolving Behaviours

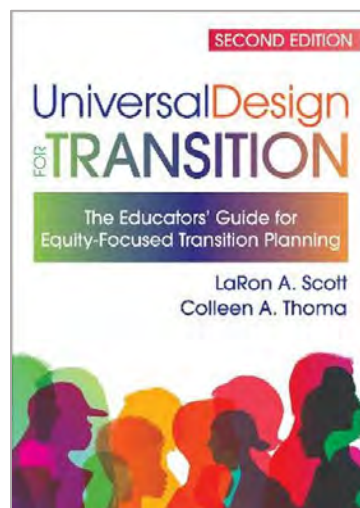
By *Sarah Taylor Vanover, Kristen Mennona*



Addresses the types, causes and triggers of childhood anxiety and outlines strategies and treatments to assist with these behaviours at home and in the classroom to create an understanding and cohesive environment.

BROOKES PUBLISHING CO
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Paperback
144 pages
AUD\$: 68.99



Universal Design for Transition
The Educators' Guide for Equity Focused Transition Planning

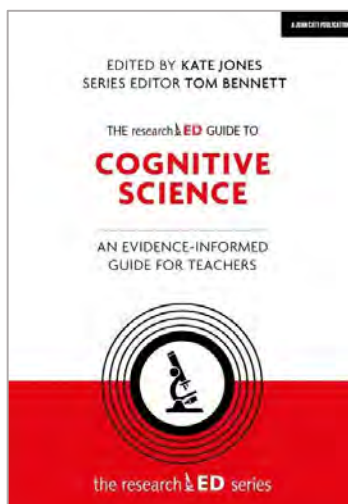
By *Laron Scott, Colleen Thoma*



For students with disabilities from historically marginalized backgrounds, inequities in education and support services often lead to negative post-school outcomes. Promote successful adult lives for all students with disabilities--including historically marginalized culturally and linguistically diverse learners.

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Disc: ACAD & PROFESSIONAL
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Paperback
272 pages
AUD\$: 97.99



The researchED Guide to Cognitive Science
An evidence-informed guide for teachers

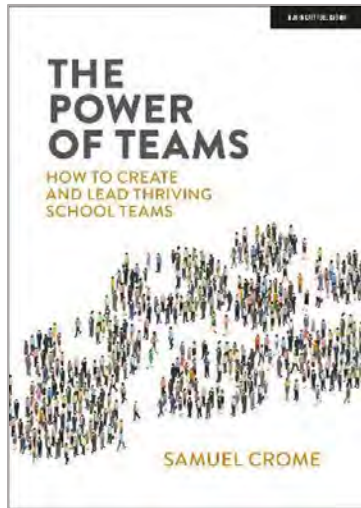
By *Kate Jones, Tom Bennett*



researchED is an educator-led organisation with the goal of bridging the gap between research and practice. This accessible and punchy series, overseen by founder Tom Bennett, tackles the most important topics in education, with a range of experienced contributors exploring the latest evidence.

JOHN CATT EDUCATIONAL
Category: EDUCATION
Disc: ACAD & PROFESSIONAL
210 X 148 mm
Release Date: December 2023
9781398389755

Paperback
140 pages
B&W THROUGHOUT
AUD\$: 32.99



The Power of Teams

How to create and lead thriving school teams

By Samuel Crome



The Power of Teams explores evidence from across sectors, including education, to find out what high-performing teams share, and how we can adapt the most effective teamwork strategies to the unique environment of a school. The book outlines a model of teamwork factors that contribute to truly thriving teams, with theory, research, tangible actions for school teams, and a range of expert voices who contribute their experience in case studies.

JOHN CATT EDUCATIONAL

Category: EDUCATION
Disc: ACAD & PROFESSIONAL
210 X 148 mm
Release Date: December 2023
9781915261649

Paperback
240 pages
AUD\$: 34.99



EYFS:
Language of Learning - a handbook to provoke, provide and evaluate

By Alex Bedford, Julie Sherrington

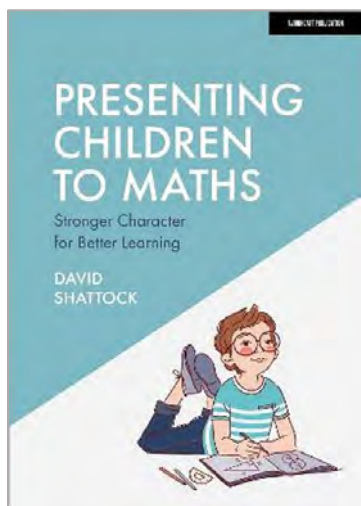


Early language deficits affect too many pupils on entry to nursery, reception, and school settings, negatively impacting not only children's engagement with curriculum content, but also their self-regulation and mental health. Drawing on Joan Tough's research and inspiration, Alex Bedford has reignited and reimagined her systematic language development framework. EYFS: Language of Learning gives teachers and practitioners a holistic, accessible and powerful toolkit.

JOHN CATT EDUCATIONAL

Category: EDUCATION
Disc: ACAD & PROFESSIONAL
210 X 297 mm
Release Date: December 2023
9781398390058

Paperback
128 pages
AUD\$: 39.99



Presenting Children to Maths

Stronger Character for Better Learning

By David Shattock

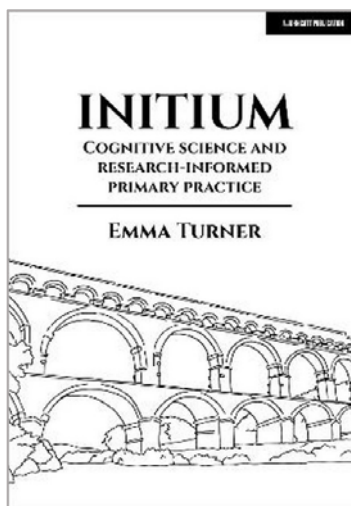


Mathematics is not a universally popular subject, neither within nor outside of school. There are those who love it, but many do not, and it is not uncommon for people to take a perverse pride in being bad at it.

JOHN CATT EDUCATIONAL

Category: EDUCATION
Disc: ACAD & PROFESSIONAL
210 X 148 mm
Release Date: December 2023
9781398390027

Paperback
200 pages
AUD\$: 36.99



Initium
Cognitive science and research-informed primary practice

By Emma Turner



The beginnings of all things are small, but the possibilities for our primary pupils are infinite. Many books explore the wonders of science and education research, but few are rooted in the reality of the primary classroom.

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